



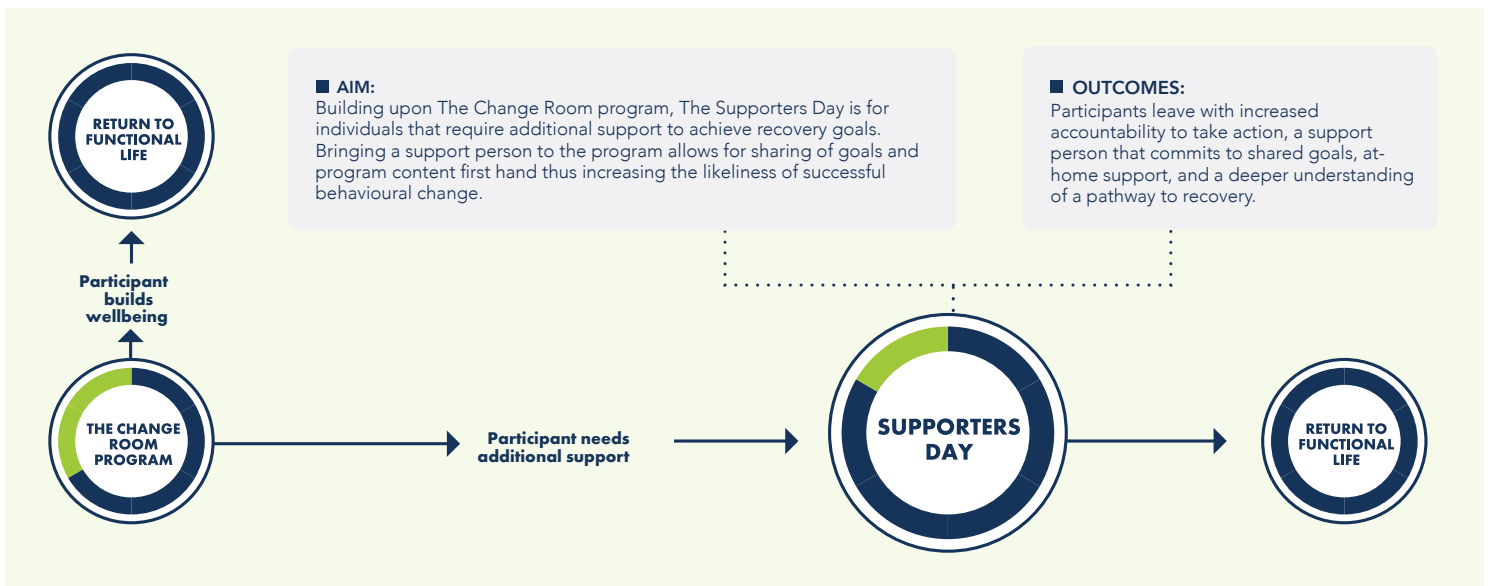
SUPPORTERS DAY

You are 95% more likely to succeed in reaching your goals when you share your goals and become accountable with someone.

The Change Room Supporters Day is an opportunity for participants of The Change Room to invite a family member or friend to join them for a one day experience, leaving them with a common understanding and shared commitment to change for the better.

Workshop style sessions are delivered by high performance, and world-renowned mentors, from iconic sporting stadiums around NSW.

TIMELINE OF EVENTS & ACTIVITIES



COURSE INCLUSIONS

- 1 day of face-to-face live workshop style sessions with The Change Room Mentors at iconic venues.
- Workbook and course content
- Breakfast & Lunch provided
- A plus one for all participants who will also receive all the above

SUITABLE FOR

- Individuals who have previously attended a Change Room Live or Connect and would benefit from sharing the experience with a friend or family member
- Individuals that have lost momentum since attending a previous program
- Individuals that would benefit from additional support
- Individuals who previously had great outcomes at a Change Room program however have experienced an unexpected set back

SPECIAL FEATURES

- Bonus resources from high-performance experts
- Ongoing support through The Change Room Community App
- Guest speaker sharing their Change Room success stories

PROGRAM OUTCOMES

- Re-ignited motivation to create successful behavioural changes
- Vision and Goal clarity to move confidently forward into action
- A stronger sense of accountability to achieve long-term recovery outcomes
- A common understanding and a shared commitment to change

THE CHANGE ROOM
PROGRAM CHANGES LIVES.

FACT.



GET IN TOUCH!

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